SMALL GROUP STUDY GUIDE

Message Series: From This Day Forward
Message Title: Stay Pure
Speaker: Kevin Myers
Date: March 8, 2015

Icebreaker:
If you were to open your own box, what message has the world been telling you recently? Share a time in your life when you heard something and had to go look it up in Scripture to see if the statement you heard was true.

Message Overview:
Pastor Kevin discusses purity this week in marriage and relationships with three ways to win purity. Whether or not you are single, purity is vital for each of our lives. Why? He said that just like a car going the wrong way on 85, impurity can also wreck our own lives, the lives of those around us, and a bunch of innocent people. There are three things that we need to focus on in each of our lives:

1. Outward Purity- (Adultery and the Box of Lies)
   Adultery can make you a person of lies. You lie to God, yourself, your spouse, and the list keeps going on. PK also reads from Matthew 5:27-28 that says even looking at a woman lustfully is committing adultery.

2. Inward Purity- (Lust and the Box of Lies)
   PK says in today’s world, it is easy to grab a hold of pornography, even on your smartphone. The lie is that it is harmless because it is private and no one else has to know. Lust has distorted our view of sexuality and our relationships.

3. Hint of Impurity- (Flirting with the Box of Lies)
   PK reads Ephesians 5:3 that says there should not even be a hint of sexual immorality in your life. The lie is that it is all for fun and the fun things are harmless. You pretend “something” is “nothing.” To illustrate this, PK shows us the domino effect. Just one touch knocks down thousands of dominos.

The message was based on Hebrews 13:4. As a group, read it out loud together: “Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral.”

In addition to learning about the three ways to win purity, PK has a plan of action. He has accountability partners and systems in place to make sure that he wins in purity.
- Battle lies (inward and outward)
- No secrets (don't keep secrets)
- Get closer to get further (closer to God to get further from temptation)
- Never alone with a woman
- Looks at his family photo

**Discussion:**
(Leaders: The questions that follow are designed to stir reflection and discussion on this week's primary Message points. Please read through them prior to your meeting, so you can be prepared to prayerfully pace your group well. And remember, as leader, your goal is to promote increased *biblical* awareness, as well as individual *self* awareness – a combination that with the help of the Holy Spirit, results in revelation and...transformation!)

- What are some plans of action that you can implement in your own life? In your marriage?
- What are some lies (things that go against Scripture) that people have to battle everyday?
- Do you think it gets easier to fight temptation the more you fight for purity?
- Read Psalm 119:9-11- What does the writer mean by hiding God’s Word in his heart? What are some ways you can hide God’s Word in your heart?
- Are their restrictions you need to put in place in your life in order to win purity?
- Talk about PK remembering his family photo to help him stay pure. Is there an object you can use that will have the same effect?

**Wrap-Up/Close:**
God’s desire is for you to win in purity. It is to overcome temptations of impurity and to be in a relationship that is ultimately closer to Him. It won’t come easy. It will not naturally happen that way and no one is exempt from temptation. So, what are you going to do in order to fight to win purity in your life? In your marriage? In your family?

**Throughout the Week: (Optional)**
(Leaders: Share these optional exercises for further study and growth with your group.)

This week, set aside time to write down your plan of action. Make a list of things that can help you. Maybe some items from PK’s list will help you. Maybe you need to pray about what God wants you to put on your list and remember, you are in a battle, but God is alongside fighting for you (Exodus 14:14).